

BAS-SAINT-LAURENT

Did you know?

BAS-SAINT-LAURENT is...
365 km (225 mi.) from Montréal
150 km (95 mi.) from Québec City
900 km (560 mi.) from Toronto
945 km (585 mi.) from New York City

One of the best places to observe sunsets

#BSLsunsets



Encounter our star wildlife attractions!

- Whales
- Bald eagles
- White-tailed deer
- Seals
- Common eiders
- Ponik, the legendary creature in Lake Pohénégamook



Our gourmet products

- Maple products from Domaine Acer
- Chocolates from La Fée Gourmande
- Pastries from Pâtisseries & Gourmandises d'Olivier
- Eel and snow crab
- Microbrew beers



And much more!

3 lighthouses worth visiting

- 2nd tallest in Canada
Pointe-au-Père Lighthouse
128 steps
- Oldest in Québec
Île Verte Lighthouse | 1809
- Converted into an inn
Pot à l'Eau-de-Vie Lighthouse



The joys of winter in Bas-Saint-Laurent

- 1800 km (1100 mi.) of snowmobile trails
- Snowshoeing, skiing and other winter sports
- Ice fishing



3 national parks

- Parc national du Bic
A landscape shaped by the sea
33 km² (13 sq. mi.)
- Parc national du Lac-Témiscouata
A rich natural and archaeological site
175 km² (68 sq. mi.)
- Saguenay-St. Lawrence Marine Park
Québec's only marine protected area
1245 km² (480 sq. mi.)



Our events

- JULY Les Grandes Fêtes TELUS
- AUGUST Bic Chamber Music Festival
- SEPTEMBER Rimouski Festi Jazz International
- NOVEMBER Noël Chez Nous à Rivière-du-Loup



3 scenic drives



Bas-Saint-Laurent
18,424 km²



A few facts about the region...

In the air

63 m (207 ft) The highest suspension footbridge in Québec
Canyon des Portes de l'Enfer

365 m (1198 ft) The longest zip line in Québec
Forêt de Maître Corbeau

On land

300+ km (185+ mi.) of bike trails
6 bike routes to explore

144 km (89 mi.) Length of the National Hiking Trail
from Trois-Pistoles to Dégelis

At sea

300+ km (185+ mi.) of the St. Lawrence to explore by sea kayak

5 accessible islands 3 ferries



Agricultural land



The majestic St. Lawrence



A tapestry of landscapes



Forests and rivers



Picturesque villages

Unusual places to spend the night

- A teepee at Camping Rimouski & Motel de l'Anse
- A tiny-house-style eco-cottage at Domaine Floravie
- A submarine at the Pointe-au-Père Maritime Historic Site
- The Pot à l'Eau-de-Vie Lighthouse
- The lightkeeper's house at the Île Verte Lighthouse
- A Cosy Bubble inflatable unit at Pohénégamook Santé Plein Air



A bit of history

- Canada's worst maritime disaster
- Sank in 1914
- 1012 dead
- To find out more, visit the Pointe-au-Père Maritime Historic Site



DISCOVER BAS-SAINT-LAURENT: WWW.QUEBECMARITIME.CA/GOTOBLSL